



Favored 1 Ministry

“Growing Together in God’s Word”



The Favored 1 Magazine

This Week’s Featured Study

Volume 1 | Issue 4

Published July 31, 2026

Galatians 5:16 (KJV)

"This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh."

Favored 1 Ministry | Growing Together in God's Word | www.favored1ministry.com

© 2026 – Favored 1 Ministry

Welcome

Dear Friends,

Welcome once again to **The Favored 1 Magazine**, where we continue **Growing Together in God's Word**. Over the past several weeks, we have been building our faith one step at a time. We began by learning to trust God with all our heart, then we challenged ourselves to live like Christ, and last week we discovered what it means to stand firm in our faith. Each lesson has reminded us that our strength comes not from ourselves, but from our faithful Heavenly Father.

This week we take another important step in our spiritual journey by learning what it means to **walk in the Spirit**. Standing firm in our faith is essential, but God also calls us to faithfully walk with Him each day. Walking in the Spirit means allowing the Holy Spirit to guide our thoughts, our words, our decisions, and our actions so that our lives reflect Jesus Christ. As we spend time together in God's Word this week, my prayer is that you will be encouraged to draw closer to the Lord and experience the joy, peace, and strength that come from living each day under His guidance. May the Lord richly bless you as we continue...

Growing Together in God's Word.

In Christ,

Johan

Favored 1 Ministry

From My Heart

Throughout my life, I have faced many situations that required me to trust the leading of the Holy Spirit rather than give in to jealousy, envy, or other attitudes that could have distracted me from my walk with Christ. Time and again, God has proven Himself faithful. Just as He has been faithful to me, He will be faithful to you, regardless of what this world may place before you.

Weekly Bible Study

Walking in the Spirit

Introduction

One of the greatest blessings God has given every believer is the presence of the Holy Spirit. When we accept Jesus Christ as our Savior, we are not left to navigate life's challenges alone. God has given us His Spirit to comfort us, guide us, teach us, and strengthen us every day.

Walking in the Spirit is more than attending church or reading the Bible occasionally. It is a daily relationship of surrender, choosing to follow God's direction rather than our own desires. Every decision we make is an opportunity to either follow the leading of the Holy Spirit or rely on our own understanding. The Apostle Paul reminds us that when we walk in the Spirit, we gain victory over the desires of the flesh. As we grow in our relationship with Christ, our lives begin to reflect His character more and more.

Scripture Reading

Galatians 5:16–26 (KJV)

16) *This I say then, Walk in the Spirit, and ye shall not fulfill the lust of the flesh. 17) For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would. 18) But if ye be led of the Spirit, ye are not under the law. 19) Now the work of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, 20) idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, 21) Envyings, murders, drunkenness, revelings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God. 22) But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, 23) meekness, temperance: against such there is no law. 24) And they that are Christ's have crucified the flesh with the afflictions and lusts. 25) If we live in the Spirit, let us also walk in the Spirit. 26) Let us not be desirous of vain glory, provoking one another, envying one another.*

Four Study Points

1. Walking is a Daily Choice

Just as physical walking requires taking one step after another, our spiritual walk requires daily decisions to follow Christ.

Colossians 2:6 (KJV)

"As ye have therefore received Christ Jesus the Lord, so walk ye in him:"

2. The Holy Spirit is Our Guide

God has not asked us to live the Christian life alone. The Holy Spirit provides wisdom, conviction, comfort, and direction every day.

Rather than asking, "What do I want to do?" we begin asking,

"Lord, what would You have me do?"

3. The Fruit Reveals the Tree

As we walk with Christ, our lives begin producing spiritual fruit.

Paul lists these fruits:

- Love
- Joy
- Peace
- Longsuffering
- Gentleness
- Goodness
- Faith
- Meekness
- Temperance

These qualities become visible as we continually yield ourselves to God's Spirit.

4. Our Walk Becomes Our Witness

People may never read a Bible before they meet us.

But they will read our lives.

When we consistently walk in the Spirit, others see Christ reflected through our attitudes, actions, kindness, and faithfulness.

Reflection Questions

- Am I allowing the Holy Spirit to guide my daily decisions?
 - Which fruit of the Spirit do I see growing in my life?
 - Where do I need to surrender more fully to God's leading?
 - How can my daily walk point someone else toward Christ this week?
-

This Week's Challenge

Each morning before beginning your day, pray:

"Lord, help me walk in Your Spirit today. Guide my thoughts, my words, my decisions, and my actions so that everything I do brings glory to You."

Then, throughout the day, pause whenever you face an important decision and ask:

"Holy Spirit, lead me."

Closing Encouragement

Walking in the Spirit is not about achieving perfection overnight. It is about faithfully taking one step at a time with the Lord. As we surrender ourselves to Him each day, He faithfully transforms us into the image of Christ.

Take courage knowing that God is with you in every step of your journey. His Spirit will strengthen you, guide you, and produce lasting fruit in your life as you continue to trust and obey Him.

Closing Scripture

Galatians 5:25 (KJV)

"If we live in the Spirit, let us also walk in the Spirit."

Volume 1 Issue 4